strength deployment inventory 2.0°

Personalized Report: Mike Maton

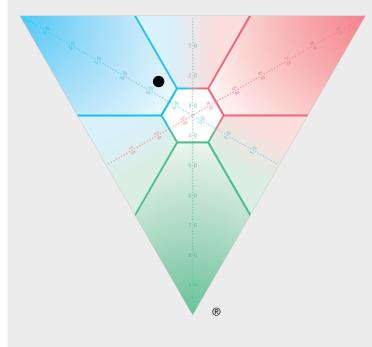
Elias Porter, PhD Tim Scudder, PhD



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Motives





MOTIVATIONAL VALUE SYSTEM								
49 29 22								
People	Performance	Process						
My MVS is:								
	BLUE							

CONDITION #1: WHEN THINGS ARE GOING WELL

MOTIVES

Your Motivational Value System (MVS) dot is based on your scores. It shows the relative priority of your People, Performance, and Process motives – and how they blend when things are going well.

BLUE People

You are motivated by the protection, growth, and welfare of others. You have a strong desire to help others who can genuinely benefit.

YOUR MOTIVES AND VALUES

As a person with a **Blue MVS**, you achieve feelings of self-worth by being genuinely helpful to others, with little or no concern for what you receive in return.

You help others in ways that enhance their happiness and genuinely meet their needs. You express concern for the welfare of others. You place your faith in others, and offer others the benefit of the doubt. You believe that giving others praise and rewards creates happiness and gratefulness in their hearts and minds. You value the power of helping people grow.

You embrace the opportunities life affords to provide help to others, and the real reward for you is the evidence that the help was received and valued. For you, the effort and intent to help are most important. You value recognition but tend to believe that any external reward for your efforts will be offered without having to ask for it.

The act of helping is not always enough for you. The greatest enjoyment in the act of helping comes from seeing other people benefit. You want others to accept, value, and appreciate the help you give. A simple thank you means a lot.

UNDERSTANDING YOUR RESULTS

The SDI 2.0 describes your motives in relating to others under two conditions:

1) when everything is going well

2) when you are faced with conflict

The dot on the SDI 2.0 Triangle represents the motives that drive your use of strengths when things are going well. Each person's MVS is a combination of three primary motives working together. The MVS shows the frequency with which people are motivated by concerns for People (Blue), Performance (Red), and Process (Green).

There are seven MVS regions on the SDI 2.0 Triangle. Each region is defined by the way the three motives blend in different proportions when things are going well.

THE IMPACT OF NEIGHBORING REGIONS

Your MVS dot is close to the **Red-Blue** region of the triangle. You may find that some parts of this MVS description also apply to you.



BLUE: People

Altruistic-Nurturing: You are motivated by the protection, growth, and welfare of others. You have a strong desire to help others who can genuinely benefit.

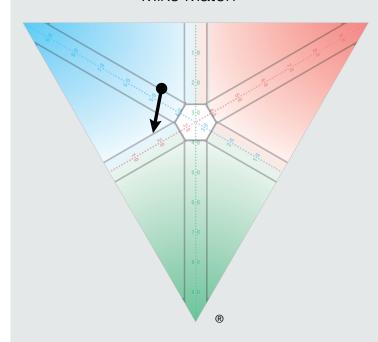
Altruistic: unselfish concern for the welfare of others. Nurturing: protecting, supporting, and encouraging others.

Mark the statements that are true for you:		
WHAT YOU DO	FEELINGS AND IDEALS	CONFLICT TRIGGERS
 I am open and responsive to the needs of others. I seek ways to bring help to others, trying to make life easier for others. I defend the rights of others with courage and conviction, sometimes without claiming my own rights in the process. I tend to be idealistic and admire the accomplishments of others, often playing down my own personal achievements out of a desire to remain modest. I am humble, rarely asking for recognition, simultaneously putting great trust in others. I respond when asked for help. I believe that my contributions will demonstrate my value and that I should not have to ask for rewards. I want to help others reach their potential and ensure they are fully valued. I try not to be a burden to others, preferring to give help rather than receive it. 	 I feel best about what I am doing when I am being helpful in some way to others who can genuinely benefit from my help. I identify with and feel most at ease with people who clearly care for the feelings, the needs, and the welfare of others. I deally, I would like to be more assertive and less fearful of pushing for my own rights and wants — more capable of saying "no" to people who impose on me. I deally, I would like to avoid ever being a selfish person or one who is cold and unfeeling about others. I feel most rewarded by others when they treat me as a warm and friendly person who wants to be of help and who is deserving of thanks and appreciation for giving help. 	 People are selfish or unconcerned about others. Issues are personalized or turned into attacks. Others won't accept help when they really need it. My emotions are disregarded, ignored, or criticized. Others change loyalties "for the moment." People take advantage of others or me. Others are insincere about helping. Competition results in people being hurt. People behave rudely or unkindly. Relationships are not regularly maintained.

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	MOTIVATIONAL VALUE SYSTEM (MVS)	DESCRIPTION	CHARACTERISTICS	ENGAGING ENVIRONMENT
YOUR RESULTS	BLUE	People who are motivated by the protection, growth, and welfare of others. They have a strong desire to help others who can genuinely benefit.	Seeking ways to bring help to others Trying to make life easier for others Being open and responsive to the needs of others Trying to avoid being a burden to others Defending the rights of others.	Open, friendly, helpful, supportive, trusting, socially sensitive, loyal, compassionate, respectful, receptive, humanitarian Being needed Being accepted and appreciated Opportunities to support others.
	RED	People who are motivated by task accomplishment and achieving results. They have a strong desire to set goals, take decisive action, and claim earned rewards.	Being alert to opportunity Striving for immediate action Accepting challenges Competing for authority and responsibility Exercising persuasion Accepting risk-taking as necessary and desirable.	Progressive, innovative, challenging, fast-moving, stimulating, competitive, creative New opportunities Potential for advancement and winning Material rewards available.
	GREEN	People who are motivated by meaningful order and thinking things through. They have a strong desire to pursue independent interests, to be practical, and to be fair.	Seeking clarity, accuracy and correctness Being cautious and thorough Keeping emotions under control Planning ahead and following the plan Conserving resources.	Clarity, logic, precision, utility, durability, efficiency, reliability, organized Effective use of resources Clear, supportable, criteria for decision- making Time to develop ideas.
	RED-BLUE	People who are motivated by the maximum growth and development of others. They have a strong desire to direct, persuade, or lead others for the benefit of others.	Actively seeking opportunities to help others Creating welfare and security for others Generating enthusiasm and support in tackling obstacles to success Challenging others to be or do their best.	Enthusiastic, open, friendly, sincere, trusting, compassionate Respect for others Positive initiatives for the growth and development of others Opportunities to coach or mentor others.
	RED-GREEN	People who are motivated by intelligent assertiveness and fairness in competition. They have a strong desire to develop strategy and assess risks and opportunities.	Taking the most efficient course of action Assessing risks and opportunities Being decisive and proactive when the facts are known Challenging opposition through thoughtful process and strategy.	Strategic, determined, planned Complex, challenging tasks requiring expertise Recognition for achievement Availability of technical resources Opportunities to develop winning strategies.
	BLUE-GREEN	People who are motivated by developing self-sufficiency in self and others. They have a strong desire to analyze the needs of others and to help others help themselves.	Offering assistance for greater self- sufficiency and independence Building effective processes and resources to protect or enhance others' welfare Fighting for principles that are fair.	Conscientious, patient, congenial Respect for individuals, fairness, and resources Opportunities to encourage others' independence Tasks that require thoughtful analysis to aid those in need.
	HUB	People who are motivated by flexibility and adapting to others or situations. They have a strong desire to collaborate with others and to remain open to different options and viewpoints.	Considering multiple perspectives and ideas Being open-minded and willing to adapt Bringing people together and making connections Maintaining appropriate balance Keeping options open.	Cooperative, interactive, sociable, democratic, playful, spontaneous, novelty, flexibility Being heard and listening Consensus building Tolerant of different opinions and perspectives .

Conflict Mike Maton



MOTIVATIONAL VALUE SYSTEM								
49	29	22						
People	Performance	Process						
My MVS is:								
	BLUE							

CONFLICT SEQUENCE								
44 37 19								
Accommodate	Assert							
Accommodate Analyze Assert My CS is: B-G-R								

CONDITION #2: WHEN FACED WITH CONFLICT

CONFLICT

Your Conflict Sequence (CS) arrowhead is based on your scores. It shows the order that you experience a desire to accommodate, assert, or analyze during three stages of conflict.

B-G-R Blue-Green-Red

You want to keep harmony and goodwill. If that does not work, you want to disengage and save what you can. If that does not work, you may feel compelled to fight, possibly in an explosive manner.

3 STAGES OF CONFLICT								
	1 B							
	2	G						
	3	R						

HOW YOU EXPERIENCE CONFLICT

You first try to keep harmony and minimize confrontation. You tend to feel anxious or uncomfortable because there is conflict. You sometimes feel at fault and apologize. You want to be sure no one is threatened. You believe that the best way to show you care about the problem and other people is to listen to their concerns and accommodate them if possible.

You want other people to be calm and stay in a conversation with you. You do not want other people to be aggressive, argumentative, or to push for immediate decisions or actions.

If conflict progresses to your Stage 2 Green, you get more quiet and reflective; you analyze the situation and your role in it. You feel that others have not been fair and that you must get more information.

If conflict progresses to your Stage 3 Red, you confront people, get angry, or fight, although you will spend a lot of time analyzing the problem in Stage 2 to prevent this.

INTERPRETING YOUR LINE

The length of the line between your dot and arrowhead suggests the degree of change you experience internally and the degree of change that can be observed by others. You have a **Medium Line**, which means the change from your **Blue MVS** to your **Stage 1 Blue** is somewhat noticeable.

UNDERSTANDING YOUR RESULTS

The SDI 2.0 describes your motives in relating to others under two conditions:

when everything is going well
 when you are faced with conflict

The arrowhead on the SDI 2.0 Triangle represents the sequence of motives you experience when faced with conflict. Each person's Conflict Sequence is a pattern of three primary motives — Accommodating (Blue), Asserting (Red), and Analyzing (Green).

Different combinations of Blue, Red, and Green produce 13 possible Conflict Sequences. Each region is defined by the order that motives are experienced during conflict.

THE IMPACT OF NEIGHBORING REGIONS

Your Conflict Sequence (CS) arrowhead is close to the **[BG]-R** and **B-[RG]** regions of the triangle. You may find that some parts of these CS descriptions also apply to you.



B-G-R: Stage 1 Conflict

When faced with conflict, I want to keep peace and harmony. If that does not work, I want to disengage and save what I can. If that does not work, I may feel compelled to fight, possibly in an explosive manner.

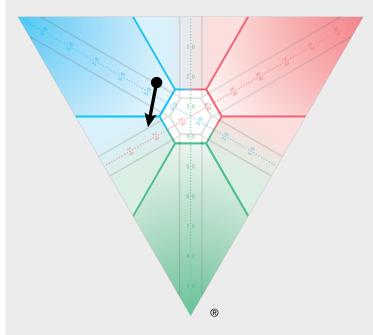
Mark the statements that are true for you when y	Mark the statements that are true for you when you are experiencing each stage of conflict:									
STAGE 1: Self, Problem, Others	STAGE 2: Self, Problem, Others	STAGE 3: Self, Problem, Others								
B-G-R Wanting to accommodate others.	B-G-R Wanting to disengage from others or clarify the issue.	B-G-R Feeling driven to fight.								
 I want to accommodate the needs of others. I want to maintain or restore harmony and goodwill. I am worried when there is conflict and want it to go away. I want to minimize confrontation. I want to be sure that everyone is heard, without raised voices. I hope that problems will solve themselves. If others are not cooperating or listening, it could send me into my second stage of conflict. 	 I am frustrated that I have not been heard. I want time to collect more information so I can find a rational solution to the problem. I become more quiet and introspective. I analyze the events that led to the situation. If I can compartmentalize the conflict I will solve the parts that are most important. I believe that waiting and reconsidering things is better than getting drawn into a potentially explosive situation that could do harm. 	 I feel energized, angry, or indignant because others have not been cooperative or reasonable. I confront other people and in some cases act explosively. I want to express the things that I have been refraining from saying. It seems that I have no choice but to fight. I don't want to wait for other people or to sacrifice any more. 								

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CONFLICT SEQUENCE	DESCRIPTION	CONFLICT SEQUENCE	DESCRIPTION
B-G-R	When faced with conflict, I want to keep peace and harmony. If that does not work, I want to disengage and save what I can. If that does not work, I may feel compelled to fight, possibly in an explosive manner.	R-B-G	People who want to challenge conflict directly. If that does not work, they want to restore or preserve harmony. If that does not work, they may feel compelled to withdraw from the situation or end the relationship.
B-R-G	People who want to keep peace and harmony. If that does not work, they want to take a stand for their rights. If that does not work, they may feel compelled to withdraw as a last resort.	R-[BG]	People who want to assert they rights and win. If that does not work, they want to make a choice depending on what's better in the situation: to give in with conditions or to disengage and save what they can.
B-[RG]	People who want to keep harmony and accommodate the opposition. If that does not work, they want to make a choice based on what's best for everyone: to rely on logic and principle or to employ assertive strategies to prevent defeat.	R-G-B	People who want to prevail through competition. If that does not work, they want to use logic, reason, and rules. If that does not work, they may feel compelled to surrender as a last resort.
B-G-R	People who want to keep harmony and goodwill. If that does not work, they want to disengage and save what they can. If that does not work, they may feel compelled to fight, possibly in an explosive manner.	[BR]-G	People who want to press assertively to maintain harmony and goodwill, but they do not want to sacrifice results for harmony. If that does not work, they may decide to withdraw from the situation.
G-B-R	People who want to carefully examine the situation. If that does not work, they want to defer to other people in the interest of harmony. If that does not work, they may feel compelled to fight, possibly in an explosive manner.	[RG]-B	People who want to engage conflict quickly, but indirectly, with thoughtful strategies. If that does not work and others have more power in the situation, they may surrender.
G-[BR]	People who want to maintain order and principles. If that does not work, they want to make a choice, depending on what's more reasonable in the situation: to give in with conditions or to forcefully engage.	[BG]-R	People who want to maintain peace and harmony with caution regarding the personal costs of doing so. If that does not work, they may feel compelled to fight, possibly in an explosive manner.
G-R-B	People who want to analyze the situation logically. If that does not work, they want to forcefully press for a logical resolution. If that does not work and others have more power in the situation, they may surrender.	[BRG]	People who want to determine the most appropriate response to each situation and choose an accommodating, assertive, or analytical approach. Their approach differs according to the situation, rather than following a fixed sequence.

SDI 2.0 Results

Mike Maton



MOTIVATIONAL VALUE SYSTEM								
49 29 22								
People	Performance	Process						
My MVS is: BLUE								

CONFLICT SEQUENCE								
44 37 19								
Accommodate	Analyze	Assert						
My CS is:	B-G-R							

CONDITION #1: WHEN THINGS ARE GOING WELL

MOTIVES

BLUE

You are motivated by the protection, growth, and welfare of others. You have a strong desire to help others who can genuinely benefit.

YOUR MOTIVES AND VALUES

As a person with a **Blue MVS**, you achieve feelings of self-worth by being genuinely helpful to others, with little or no concern for what you receive in return.

You help others in ways that enhance their happiness and genuinely meet their needs. You express concern for the welfare of others. You place your faith in others, and offer others the benefit of the doubt. You believe that giving others praise and rewards creates happiness and gratefulness in their hearts and minds. You value the power of helping people grow.

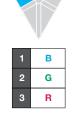
You embrace the opportunities life affords to provide help to others, and the real reward for you is the evidence that the help was received and valued. For you, the effort and intent to help are most important. You value recognition but tend to believe that any external reward for your efforts will be offered without having to ask for it.

The act of helping is not always enough for you. The greatest enjoyment in the act of helping comes from seeing other people benefit. You want others to accept, value, and appreciate the help you give. A simple thank you means a lot.

CONDITION #2: WHEN FACED WITH CONFLICT

CONFLICT

B-G-R



You want to keep harmony and goodwill. If that does not work, you want to disengage and save what you can. If that does not work, you may feel compelled to fight, possibly in an explosive manner.

HOW YOU EXPERIENCE CONFLICT

You first try to keep harmony and minimize confrontation. You tend to feel anxious or uncomfortable because there is conflict. You sometimes feel at fault and apologize. You want to be sure no one is threatened. You believe that the best way to show you care about the problem and other people is to listen to their concerns and accommodate them if possible.

You want other people to be calm and stay in a conversation with you. You do not want other people to be aggressive, argumentative, or to push for immediate decisions or actions.

If conflict progresses to your Stage 2 Green, you get more quiet and reflective; you analyze the situation and your role in it. You feel that others have not been fair and that you must get more information.

If conflict progresses to your Stage 3 Red, you confront people, get angry, or fight, although you will spend a lot of time analyzing the problem in Stage 2 to prevent this.

THE PATH BACK TO YOUR BLUE MVS

The path from your **Stage 1 Blue** back to your **Blue MVS** may involve restoring peace and reestablishing the value of the relationship.

Top 3 Strengths

Mike Maton

SUPPORTIVE

If someone needs a big boost of inspiration or reassurance, they need look no further than you. Why? Because you lift people up. You have a way with words that others appreciate, typically saying just the right thing at just the right time.

You are an incredible team-player because you make others feel important. You want to see them succeed. People know they can get a boost from you. That's why you are appreciated by many.

A word of caution is in order, your giving spirit can sometimes get the better of you when you extend too far and over-commit yourself to people or projects. But most of the time your investment in others, your unfailing support, carries you and those around you to higher levels.

WORK PERSPECTIVE

Your top three strengths are an important part of the way others see you. These strengths are frequently evident when you work with others. You are probably very effective with these strengths and appreciate when you are recognized for using them well.

SOCIABLE

Some might say you're the life of the party. In fact, you create a little party wherever you go. You put people at ease. You're fun and likeable. You work your social mojo wherever you are - even with strangers. Striking up a conversation comes easily for you. Because of this you are a natural networker.

You know lots of people. You are in-the-know. You make connections. You're drawn toward groups and enjoy being part of the action. While some people are drained by social settings, you're energized by them.

This strength can cause others to sometimes feel disrupted or intruded upon by you. Of course, you can't imagine that because you generally love being interrupted by others. Still, your friendly and social approach makes work more fun and is appreciated by most everyone.

CARING

You thrive on being sure that others are doing well. You genuinely care for others, which makes you a desirable person to have on a team. Why? Because you make people feel good about themselves.

Relative to other people, you have an uncanny knack for seeing what others don't. You recognize the needs of others. You can even hear what people aren't saying sometimes more loudly than what they are saying aloud. In other words, you look beneath the surface to discover how someone is really doing. You listen with a "third ear."

Of course, the challenge you face on occasion is taking care of yourself. You can become so focused on others that you neglect you. All in all, you are recognized and appreciated by others for being deeply caring and people love that about you.

Strengths Po Mike Maton			SUPPO You give enc and help t	ouragement			The Stren you. It sho	ws the way	E ait is a picture of / you prioritize and hen you work with	
			SOCIA You engag group conver activi	e easily in rsations and	CAR You concern the well-bein	yourself with				
		HELF You give as others who a	sistance to	OPEN-TO- You conside perspectives opinie	er different , ideas, and	DEVO You are deu some people, purpo	dicated to activities, or			
You place	TRUSTING You place your faith in others.		ct differences, You adju		PTABLE METHOR t readily to new You are orderly ed conditions. thought, and e		ly in action,	CAUTIC You are carefu sure of what is	to make	
AMBITIOUS You are determined to succeed and to get ahead.	You are determined to You dissect		and digest You act justly		FAIRFLEXIBLustly, equitably, impartially.You act in wha manner is approp the momen		PRINC You follow ce right co	rtain rules of	You rema commitme	OYAL in faithful to the nts you make to others.
You strive to	COMPETITIVE You strive to win against others. You bring people together in order to reach consensus.		You bring people together in order to reach		RIENTED and suggest ys of doing gs.	RESE You practice s in expressin and fee	self-restraint g thoughts	QUICK-TC You get things without de	started	
Most Likely To Use at Work	1	PERSEV You maintai course of ac obsta	n the same tion despite	SELF-COI You believe powers and	in your own	MOD You play dow are capable	n what you			
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			convince		losses in pur gair	•		Strengths with blue bar are abo people	out	engths with a red bar are about performance
				You act with power, ar	conviction,			Strengths with green bar are ab process		trengths with a ey bar are about perspective



Top 3 Overdone Strengths Mike Maton

HELPFUL (Smothering)

You know what would be helpful? If you'd leave me alone. If you've ever heard those words, you know your helpfulness has become too much for another person.

You can get frustrated when other people won't let you help them. If you know what they need, you may do something for them even when they ask you not to, because you are so sure that they will appreciate the result once they see it. At these times, you can be smothering – almost invasive in your desire to do good for others.

Sometimes, you may need to remember that the best way to help someone is to let them take care of matters on their own. You can remain available should they request the help that you are so eager to give. Your help will be most appreciated when other people ask for it and believe that they need it.

WORK PERSPECTIVE

Your top three overdone strengths may contribute to some difficulty in your relationships. Even though they are well-intended, they can generate negative perceptions in others. You can turn perceived weakness into strengths by using them at the right time, or by scaling back their frequency, duration, or intensity.

DEVOTED (Subservient)

You can believe so strongly in a person or a cause that you put it above yourself. If you've even been accused of putting another person on a pedestal, or giving too much in service of a cause, it may be because your devotion is coming on too strong.

You want so much to be needed and appreciated that you can become deferential or subservient. You may idealize people, holding on to the idea that they are much better and more deserving than they truly are. This can cause you to passively wait for instructions, or to explain what you are doing as following someone else's direction.

But your devotion can be a real strength if you don't let it get the best of you. Start by making sure that you don't agree with others just for the sake of harmony – because you will regret that later.

OPEN-TO-CHANGE (Inconsistent)

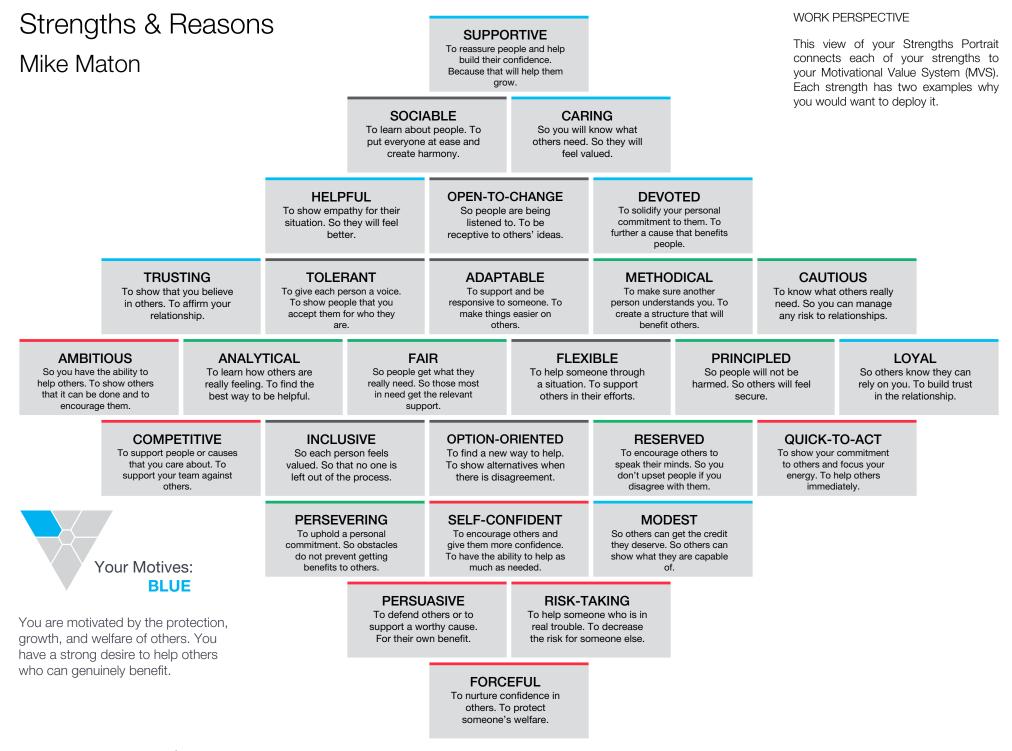
What's the latest change of plan? Do you just agree with whoever spoke last? If you're hearing questions like this, your openness to change may be getting in your way. You run the risk of contradicting yourself, appearing inconsistent, or making a change just for the sake of doing something different.

People can have a hard time understanding how you can agree with two things that seem opposite, or mutually exclusive, to them. But you don't necessarily change your mind whenever you consider something new. You simply don't want to reject ideas too soon.

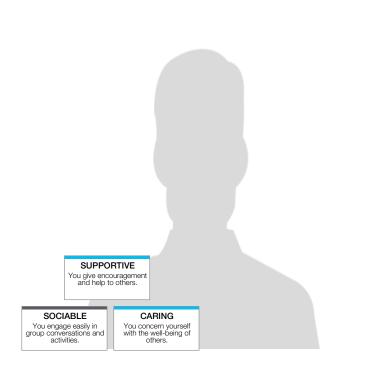
To remain open, but avoid the problems that come with appearing inconsistent, be clear about whether you are considering an idea, or committing to it. Let people know that you remain open to change, but only if change is justified.

Overdone Strengths Por Mike Maton			rtrait Being so helpful to others that you do things for them that they do not want or need. Smothering				The Ove how oth		s Portrait shows eive you when ns.	
			Being so devot what others question or Subse	want without resistance.	Being so open- your priorities ar not c	nd principles are lear.				
			ing so caring for others' well- being that you give or do anything they ask. Being so modest that you don' take credit for your efforts or promote your ability. Self-Effacing		your efforts or our ability.	Being so supportive that you give up your own interests and wishes for others. Self-Sacrificing				
readily believ things that yo	Being so trusting that you readily believe in people or things that you should not. Gullible		it that you come ig no opinion or ence. erent	pinion or the situation dictate what yo do.		Being so option-oriented that you do not have a clear aim or direction. Indecisive		Being so persuasive that you disregard others' views and dispute their concerns. Abrasive		
Being so sociable that you disrupt or distract others.			s or details that are constrained and		ed and do not don't yield, even on mir		en on minor or ignore problem		that you overlook Being so fair and ems with plans or you don't conside ople. othe	
Intrusive	Obse	essed	l Rigid		Unbending Bli		nd	Co	old	
people cannot	ible that other t be sure about u will do.	Being so caution off with doubt, skepti	mistrust, and	Being so ambit goals that yo compassion	u don't have	Being so perseveri your course of acti views or pr	on despite others'	Being so quick- overlook informa be us	ation that could	
Unpred	dictable	Suspicious		Ruthless		Stubborn		Ra	sh	
Most Likely To Overdo at Work		of being convir	ng convinced you know yourself t				g to the point of e potential lences.			
2 3		Arro	gant	Dist	ant	Reck	less			
4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28			Being so comp confront people or argumer Aggre	in a combative tative way.		value of each articipation.				
Least Likely To Overdo at Work				Domin	eering					

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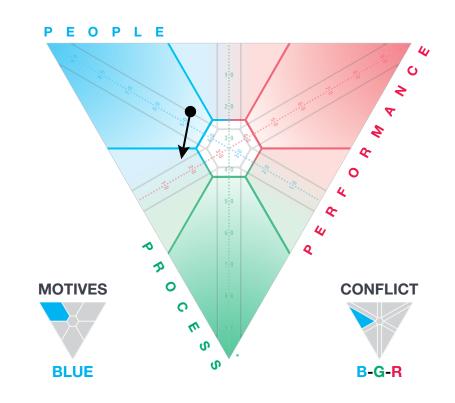


Motivational Value System

You are motivated by the protection, growth, and welfare of others. You have a strong desire to help others who can genuinely benefit.

Communicating with me:

- Show regard for people and appreciation for others.
- Listen fully and attentively; ask for their ideas, reactions, feelings.
- Genuinely express feelings or concerns.



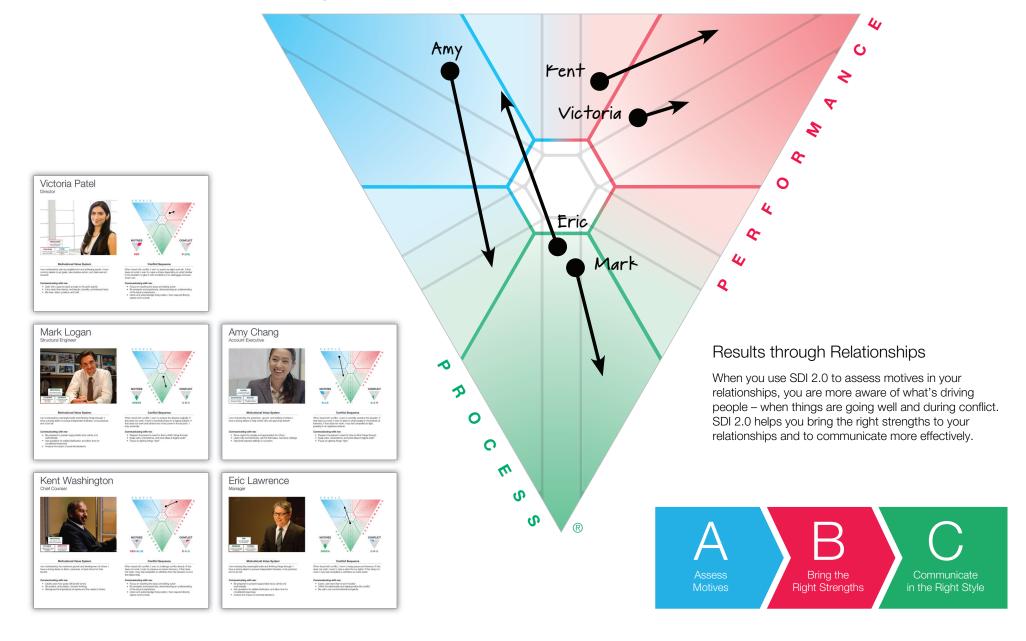
Conflict Sequence

You want to keep harmony and goodwill. If that does not work, you want to disengage and save what you can. If that does not work, you may feel compelled to fight, possibly in an explosive manner.

Communicating with me:

- Listen, ask more than once if needed.
- Affirm the relationship and depersonalize the conflict.
- Be calm, non-confrontational, and gentle.

PEOPLE



Relationship Awareness Theory

Relationship Awareness Theory provides a simple, common language for people to understand the motives behind behavior, prevent and manage conflict effectively, and to engage in meaningful dialogue. When applied within teams and organizations, this language dramatically improves the quality of working relationships and workplace performance.

The SDI is based on a strong, valid theory of human motivation originally developed by psychologist and educator Dr. Elias Porter. The theory has four key concepts:

- \bigtriangledown Behavior is driven by motivation.
- V Motivation changes in conflict.
- V Strengths can be overdone.
- V Filters influence perceptions

These foundational insights power individual and organizational learning.

SDI Language

MOTIVE

A purpose, drive, or underlying reason why something is done.

MOTIVATIONAL VALUE SYSTEM

A system of motives that serves as a basis for choosing strengths, filtering information, and judging yourself and others. Every MVS is a blend of three primary motives: Blue (people), Red (performance), and Green (process).

FILTER

A method of selective perception and evaluation of a situation.

CONFLICT SEQUENCE

A series of changes in motives during conflict that typically results in a related series of changes in behavior. There are three stages in a Conflict Sequence. These stages are characterized by a concentration of energy and a diminishing focus as follows:

Stage 1: focus on self, problem, and others

Stage 2: focus on self and problem

Stage 3: focus on self

Conflict can be resolved or left unresolved in any stage.

OPPOSITION

Disagreement, contrast, difference, resistance, or dissent. Opposition is not necessarily conflict, but it can grow into conflict when it gets personalized. Most conflicts have elements of opposition in them. Opposition can be productively engaged when things are going well.

CONFLICT

A personal and emotional experience caused by a real or perceived threat to self-worth. The word conflict can also be used in everyday language to describe opposition; however, the SDI separates the two ideas and uses the terms as defined here.

CONFLICT TRIGGER

An event, behavior, situation, or perception that threatens, or has the potential to threaten, a person's self-worth. People only experience conflict about things that are important to them; therefore, conflict triggers include the opportunity to learn about what matters to people. Conflict triggers also present an implied choice:

- to enter conflict based on the perceived triggers, or
- to reframe the situation so that threats are no longer perceived.

STRENGTHS

Freely chosen behaviors that are intended to produce results. Strengths affirm the self-worth of people in relationships. Strengths do not affirm one person's self-worth at the expense of another. Strengths are productively motivated and effective.

OVERDONE STRENGTHS

Behaviors that may be intended as strengths, but are perceived negatively by one or more persons. Strengths may be overdone (or perceived as overdone) in frequency, duration, or intensity. They may also be misapplied, or perceived as misapplied, depending on the context.

CORE

Who you are. A system of motives that influence everything you see, feel, say, and do.

RELATIONSHIPS

Working relationships are authentic connections.

ACCOUNTABILITY

The skill of taking ownership and initiative in order to produce desired results.

SYSTEMS

Processes that create and communicate expectations.

OWNERSHIP

A choice to be committed to an outcome.

INITIATIVE

To act and deliver on a commitment.



ASSESS MOTIVES

When Things are Going Well
 When There is Conflict

BRING THE RIGHT STRENGTHS

- Know Your Reasons
- Prevent Overdoing

COMMUNICATE IN THE RIGHT STYLE

- Effective Style
- Things to Avoid